

## Creative Confidence Online

Uncover your creativity at home with our 6 session online arts and crafts course whilst socialising and connecting with new people



Our 3 week online course will help you -

- Learn new arts and crafts techniques
- Connect with others online during isolation
- Explore the benefits of using arts and crafts for positive wellbeing
- Contribute towards a community project using your new found arts and crafts skills

This course is **FREE** and funded through Bedford Borough Council, Central Bedfordshire Council, the Education & Skills Funding Agency and the European Social Fund













## **COURSE INFORMATION**

Sessions run **Tuesday** and **Thursdays** between **10:00 - 13:00** for **3** weeks. All sessions take place online using Zoom -

## **Start Dates:**

Tuesday 5th May 2020
Tuesday 26th May 2020

Course runs using an online website or application. Must have access to a smartphone, tablet or laptop and an email account

## INTERESTED?

Please contact us you wish to book a place for yourself or a friend.

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